

# NATIONAL EATING DISORDERS AWARENESS WEEK

February 26–March 4



# LET'S

# GET

# REAL

#NEDAawareness

*No one has to struggle alone.*

30 million Americans will struggle with a full-blown eating disorder and millions more will battle food and body image issues that have untold negative impacts on their lives.

Learn More, Get Screened, & Find Help:

[nationaleatingdisorders.org](http://nationaleatingdisorders.org)



National Eating Disorders Association



The Center for Eating Disorders  
AT SHEPPARD PRATT