



montecatini

Who We Are

The team at Montecatini is made up of passionate, multi-disciplinary professionals, with years of expertise treating eating disorders and their connection with co-occurring disorders

- ❖ Psychiatrist
- ❖ Registered Dietitians
- ❖ Licensed Marriage and Family Therapists
- ❖ Registered Nurses
- ❖ Physician Assistants
- ❖ Licensed Clinical Social Workers
- ❖ Patient Care Technicians

Who We Treat

We specialize in the comprehensive care of females, ages 16 and older, who are struggling with anorexia nervosa, bulimia nervosa, binge-eating disorder, and other co-occurring diagnosis

What We Offer

- ❖ Residential Program
- ❖ Partial Hospitalization Program
- ❖ Intensive Outpatient Program
- ❖ Transitional Living
- ❖ Customized Recovery Services

(760) 436-2657

Honoring Individuality, Inspiring Compassion, Changing Lives

montecatini

www.MontecatiniEatingDisorder.com



Steps to Admission

- ❖ **Step 1: Call 760-436-2657**
to speak with a member of our admissions team and verify insurance benefits

- ❖ **Step 2: Phone Assessment**
Complete initial phone assessment to determine appropriate level of care. The assessment will take 30-40 minutes and we will ask you questions about yourself, your goals, and treatment history

- ❖ **Step 3: Pre-Admission Medical Requirements**
We will send you the pre-admission medical requirements to be completed and returned. Once the medical requirements are received and the client is medically cleared, we will schedule an admission date

- ❖ **Step 4: Coordinate Admission**
Once your admission date is determined we will review the financial agreement, transportation, and expectations

In-Network Insurance

- Aetna
- Beacon
- Blue Cross Blue Shield
- Cigna
- Sharp Health Plan
- ComPsych
- Humana
- Magellan Health
- MultiPlan
- Optum



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